

SPA ACCESS + SPA DAYS

Thermal Suite including Steam Room, Sauna, Hot Tubs, Swimming pool + Relaxation

2 hours - Towel provided.

Monday to Thursday - £35

Friday to Sunday - £45

3 hours - Towel provided.

Monday to Thursday - £50

Friday to Sunday - £65

4 hours - Robe, Towel & Slippers

Monday to Thursday - £65

Friday to Sunday - £85

SPA DAYS

FULL DAY - Robe, Towel & Slippers

Arrive 9.00 am to 5.00 pm.

Includes: **50-minute Treatment**, Thermal Suite including Steam Room, Sauna, Hot Tub, Swimming pool, Relaxation area

+ 1 course Light Lunch

Monday to Thursday - **£165**

Friday to Sunday - **£185**

FULL DAY with gourmet Tasting menu - Robe, Towel & Slippers

Arrive 9.00 am to 5.00 pm.

Includes: **50-minute Treatment**, Thermal Suite including Steam Room, Sauna, Hot Tub, Swimming pool, Relaxation area

+ 5 course Tasting menu in the Coast Restaurant

Wednesday and Thursday - **£215**

Friday and Saturday - **£235**

HALF DAYS - Robe, Towel & Slippers

Morning - Arrive 9.00 am to 1.00 pm.

Afternoon - Arrive 1.30 pm to 5.30 pm.

Includes: **25-minute Treatment**, Thermal Suite including Steam Room, Sauna, Hot Tub, Swimming pool, Relaxation area

Monday to Thursday - **£95**

Friday to Sunday - **£115**

Evening SPA - Arrive 4.00 pm to 7.30 pm.

Includes: **25-minute Treatment**, Thermal Suite including Steam Room, Sauna, Hot Tub, Swimming pool, Relaxation area

Monday to Thursday - **£75**

Friday to Sunday - **£95**

Extras

1 course Light Lunch - £17

2 course Light Lunch - £24

Afternoon Tea - £25

Lunch in the Courtyard Restaurant

1 course Lunch - £22.00

2 course Lunch - £29.00

3 course Lunch - £35.00

Extra treatments can be booked. Please see treatment list.

Treatments need to be booked in advance and are subject to availability.

SPA Access discounts are available when booking bedrooms for romantic or relaxing breaks. Spa time can be added as an extra after you have selected room type in the booking process. The discounts offered in the bedroom booking process are available at the time you book your room. Booking spa time in advance guarantees availability on your stay.